



Northgate Swimming Club's

SPRING OPEN

A/B Grade Open Meet

18th/19th May 2019

**Wolverhampton Central Baths
Bath Avenue, Wolverhampton. WV1 4EG**

SE License Number 3WM190538

Conditions of Entry

1. This Meet is licensed by Swim England (SE) at level 3 for entry into County and Regional Championships and level 1 & 2 meets. It will be run in accordance with SE Laws, SE Technical Rules and the rules and conditions of this competition, for swimmers who are members of a club affiliated to SE, Swim Scotland or Swim Wales.
2. Ages as at midnight 19th May 2019 - Age groups are: 9, 10, 11, 12, 13, 14 & 15+
3. All entries must have an entry time below the upper cut off times given in the tables provided. There are no lower cut off times. Entries with no entry time will be rejected.
4. Entries will be accepted on a first come first served basis and must be made using the electronic entry system or on the forms provided (photocopies are acceptable). Incomplete, illegible and entries sent without the correct entry fees will not be accepted. The entry fee is £5.50 per event (or £6.00 if electronic entry system not used). All cheques must be made payable to **NORTHGATE SWIMMING CLUB** (Club entries please send only one cheque for the total amount). The promoters reserve the right to refuse entries at their discretion. Any entry not accepted will be refunded in full. No other monies will be refunded. Please email openmeet@northgateswimming.co.uk for details. No electronic entry will be accepted until payment is received.
5. Official Closing Date is MIDNIGHT 21st April 2019. Northgate Swimming Club reserve the right to close entries before this date should that be deemed necessary.
6. Entries to this Meet will be held on computer and consent, as required by the Data Protection Act 1998, to the holding of personal data on computer will be deemed to have been given by the submission of entry. Personal data will be available for inspection during the Meet on application to the Promoter.
7. All accepted/rejected entries will be posted on the Northgate Swimming Club's website as soon as possible after the closing date. These lists are automatically generated by our meet management software and will include each swimmers date of birth. Please include notification with entries if you do not want this data published.
8. Each club will be required to advise any withdrawals by the start of each warm-up.
9. Starts may be over the top except for backstroke, which may be side by side.
10. It is the responsibility of team managers to ensure that swimmers report to the marshals in time for their event.
11. Swimmers will be split into 'A' and 'B' grade results based on time swum on the day, not entry times. Competitors placed 1st, 2nd and 3rd in each event, in each age group, for A and B graded times will receive awards. Awards will be given to the overall top Male/Female in each age group, as well as top visiting Club. Points will be awarded as 8pts for 1st to 1pt for 8th place (no points will be awarded for a disqualification). In the event of a tie, the result will be decided by count back of the number of first, second or third places (as necessary) to decide a winner. These will be based on all events irrespective of grading.
12. Coaches passes will be issued at a cost of £20.00 – this covers the whole weekend to include lunches. Passes must be purchased when submitting entries, they will not be available on the day. Passes must be worn at all times whilst on poolside and all wearers MUST have a valid DBS certificate. Clubs with entries of 15 or more swimmers will be eligible for up to 1 free pass for the weekend.
13. No photography will be permitted other than by the appointed Professional Sports Photographer for this event. This event is in the public arena and when entering for the event the participants and parents acknowledge this fact, which may result in the recording and publication of his/her image. All photographs taken at this event will be password protected when posted on the photographers website. All photographers have been DBS checked and operate within a strict Child Protection Policy and Code of Ethics.
14. Any matters concerning the Meet not covered in these rules will be dealt with according to the laws of the sport and at the discretion of the Promoter.
15. All participants must observe the safety precautions in operation at Wolverhampton Central Baths. Neither the promoter nor Northgate Swimming Club will be responsible for any loss, damage or injury occurring during this Meet.
16. The promoter for this event is Louise Barnes on behalf of Northgate Swimming Club. louise@northgateswimming.co.uk
17. All enquiries to be sent to openmeet@northgateswimming.co.uk

Northgate's Spring Open – Please ensure that all entry times are slower than the times given below. All entries must have an entry time or they will be rejected.

GIRLS	9	10	11	12	13	14	15+
50 FREE	34.7	33.1	32.5	31.9	30.3	29.3	29.1
100 FREE	1:18.2	1:15.2	1:12.2	1:10.2	1:06.2	1:04.0	1:03.1
200 FREE	2:42.4	2:38.4	2:34.4	2:31.4	2:22.9	2:18.1	2:16.6
50 BREAST	46.5	44.6	42.8	41.6	39.4	38.0	37.8
100 BREAST	1:38.4	1:36.2	1:34.5	1:31.7	1:25.9	1:23.2	1:22.3
200 BREAST	3:25.6	3:22.3	3:19.1	3:16.0	3:04.4	2:58.1	2:57.1
50 FLY	40.1	38.7	36.3	35.7	33.4	32.0	31.8
100 FLY	1:29.8	1:27.6	1:25.2	1:21.6	1:15.9	1:12.7	1:11.4
200 FLY	3:14.2	3:10.6	3:08.4	3:06.0	2:51.2	2:43.9	2:39.9
50 BACK	40.5	39.8	38.5	37.2	34.8	33.9	33.5
100 BACK	1:24.3	1:21.9	1:19.8	1:17.4	1:13.5	1:11.8	1:10.4
200 BACK	2:58.2	2:55.8	2:52.3	2:48.4	2:39.5	2:35.2	2:33.3
100 IM	1:32.1	1:29.8	1:28.2	1:25.5	1:18.8	1:16.8	1:15.8
200 IM	3:04.3	3:00.0	2:57.2	2:53.0	2:39.5	2:35.5	2:33.6
BOYS	9	10	11	12	13	14	15+
50 FREE	36.4	35.2	32.1	31.5	29.5	27.7	27.1
100 FREE	1:17.4	1:15.0	1:12.3	1:10.4	1:05.2	1:01.4	58.8
200 FREE	2:41.7	2:39.8	2:37.5	2:31.2	2:21.5	2:13.4	2:08.3
50 BREAST	48.3	46.9	44.6	42.5	39.1	36.7	35.3
100 BREAST	1:41.5	1:38.9	1:36.7	1:33.0	1:26.1	1:20.0	1:16.8
200 BREAST	3:24.8	3:21.2	3:19.8	3:15.2	3:08.4	2:57.1	2:45.8
50 FLY	40.2	39.8	37.4	35.8	33.1	30.9	29.8
100 FLY	1:32.1	1:29.4	1:26.2	1:22.9	1:15.3	1:09.9	1:06.0
200 FLY	3:18.1	3:14.5	3:10.3	3:06.0	2:50.4	2:38.7	2:28.3
50 BACK	41.2	39.8	38.5	37.0	34.6	32.4	31.8
100 BACK	1:29.6	1:26.8	1:23.4	1:20.9	1:14.7	1:10.4	1:07.5
200 BACK	2:59.6	2:56.1	2:53.5	2:49.5	2:38.5	2:30.2	2:24.8
100 IM	1:30.3	1:29.6	1:28.2	1:26.1	1:20.0	1:15.2	1:12.6
200 IM	3:03.1	3:01.2	2:58.4	2:53.7	2:41.9	2:32.4	2:27.1

B Grade Cut off times

GIRLS	9	10	11	12	13	14	15+
50 FREE	43.5	37.0	35.0	34.0	33.5	34.0	32.0
100 FREE	1:28.0	1:25.0	1:15.0	1:12.0	1:10.0	1:10.0	1:08.0
200 FREE	3:35.0	2:55.0	2:46.0	2:42.0	2:38.0	2:37.0	2:25.0
50 BREAST	56.0	51.0	48.0	47.0	45.0	44.0	42.0
100 BREAST	2:03.0	2:00.0	1:41.0	1:38.0	1:35.0	1:33.0	1:32.0
200 BREAST	4:13.0	4:00.0	3:30.0	3:28.0	3:25.0	3:18.0	3:15.0
50 FLY	55.0	41.0	40.0	39.0	38.0	37.0	35.0
100 FLY	1:45.0	1:42.0	1:35.0	1:33.0	1:28.0	1:27.0	1:22.0
200 FLY	3:40.0	3:30.0	3:20.0	3:00.0	2:50.0	2:48.0	3:32.0
50 BACK	50.0	42.0	41.0	40.0	39.0	37.0	37.0
100 BACK	1:44.0	1:41.0	1:26.0	1:24.0	1:20.0	1:20.0	1:18.0
200 BACK	3:55.0	3:28.0	3:10.0	3:09.0	2:58.0	2:55.0	2:50.0
100 IM	1:38.0	1:32.0	1:30.0	1:29.0	1:25.0	1:24.0	1:21.0
200 IM	3:48.0	3:26.0	3:12.0	3:10.0	3:05.0	3:04.0	2:48.0
BOYS	9	10	11	12	13	14	15+
50 FREE	43.0	39.0	35.5	33.0	31.8	30.7	29.0
100 FREE	1:30.0	1:24.0	1:20.0	1:12.0	1:10.0	1:07.0	1:06.0
200 FREE	3:35.0	3:10.0	2:55.0	2:40.0	2:35.0	2:25.0	2:20.0
50 BREAST	1:00.0	54.0	50.0	48.0	46.0	40.0	38.0
100 BREAST	2:04.0	1:54.0	1:50.0	1:40.0	1:35.0	1:30.0	1:27.0
200 BREAST	4:14.0	4:00.0	3:44.0	3:30.0	3:18.0	2:59.0	2:56.0
50 FLY	50.0	48.0	45.0	38.5	37.0	34.0	31.5
100 FLY	1:37.0	1:35.0	1:34.0	1:25.0	1:22.0	1:20.0	1:15.0
200 FLY	3:40.0	3:30.0	3:20.0	3:00.0	2:50.0	2:48.0	3:32.0
50 BACK	49.0	44.0	41.0	40.0	38.0	36.0	34.0
100 BACK	1:42.0	1:32.0	1:30.0	1:20.0	1:16.0	1:15.0	1:12.0
200 BACK	3:55.0	3:12.0	3:10.0	3:00.0	2:50.0	2:48.0	2:30.0
100 IM	1:45.0	1:40.0	1:33.0	1:30.0	1:28.0	1:20.0	1:15.0
200 IM	3:45.0	3:25.0	3:10.0	3:05.0	2:56.0	2:42.0	2:38.0