



Swim England

# West Midlands

## West Midland Regional Championships 2018 – Event Timings

Please note - the finish timings in this document should be treated as a guide only. The gala will run at its own pace. The start times are slightly different on different days and the gala will not be held to accommodate late arrivals. It is the swimmers responsibility to ensure that they are at the venue in good time.

Warmups will start one hour before the published session start time

### Day 1 (Saturday 28<sup>th</sup> April)

	Racing Start Time	Estimated Finish Time
Session 1 - Heats	09:30	12:02
Session 2 - Heats	14:00	15:20
Session 3 – Relay and Finals	16:00	17:30

### Day 2 (Sunday 29<sup>th</sup> April)

	Racing Start Time	Estimated Finish Time
Session 4 - Heats	09:00	12:20
Session 5 - Heats	14:00	15:25
Session 6 – Relay and Finals	16:00	17:30

### Day 3 (Saturday 5<sup>th</sup> May)

	Racing Start Time	Estimated Finish Time
Session 7 - Heats	10:00	11:45
Session 8 - Heats	13:30	15:15
Session 9 – Relay and Finals	16:00	17:45

### Day 4 (Sunday 6<sup>th</sup> May)

	Racing Start Time	Estimated Finish Time
Session 10 - Heats	10:00	12:00
Session 11 - Heats	13:30	15:20
Session 12 – Relay and Finals	16:00	17:45

### Day 5 (Monday 7<sup>th</sup> May)

	Racing Start Time	Estimated Finish Time
Session 13 – Heats & Finals	09:00	12:00
Session 14 – Heats & Finals	13:30	17:20