

## Session Changes at Easter 2019

Detailed below are the training arrangements for over the Easter weekend, from Good Friday 19<sup>th</sup> through to Easter Monday 22<sup>nd</sup> April inclusive.

### **Dolphins/Sharks**

There will be no Dolphins or Sharks sessions during this weekend.

### **Junior Development Squad**

There will be no Junior Development training on Easter Sunday or Monday.

### **Junior Performance Squad**

The Junior Performance session on Saturday 20<sup>th</sup> is on as normal. No training on Easter Sunday or Monday.

### **Senior Squad**

Senior squad morning training on Saturday 20<sup>th</sup> and Sunday 21<sup>st</sup> will be on as normal. Friday morning, Sunday evening and Monday morning sessions are off.

### **Masters**

There will be no Masters sessions over the period.

All sessions for all groups are back on as normal on Tuesday 23<sup>rd</sup> April onwards.